

Are You Clutter Free? Here is a checklist to see...

Rate yourself out of 10 for each statement using the following scale:

1-3 - can't imagine it

4-6 - have thought about it

7-9 - much of the time

10 - most of the time, or always

___ You are able to move around freely – without stepping over or around anything.

___ You know where everything is and are able to easily grab it without moving anything else out of the way.

___ Piles are few and purposeful — located in practical places, grouped with relevant items and ideally situated according to my Feng Shui Map

___ Space under furniture and on top of furniture is clear and clean.

___ When you look around you see nothing "To Do". You feel peaceful and satisfied and can thoroughly enjoy your space

___ You are surrounded by only what you need and love and love every thing you own.

___ You could rent or sell your space for maximum value in this moment without first having to complete a list of cleaning, repairs, upgrades, etc.

___ Total _____ Date

Use this as a "before" picture and inspiration for action.